3 more ways to say "NO"







16 DAYS OF ACTIVISM

THREE MORE WAYS TO PARTICIPATE

Simple ideas for the 16 Days of Activism Against Gender-Based Violence

November 25–December 10, 2026

The Empty Chair is District 15's featured project for 2026 — but it is **not the only way to participate**.

These three ideas are intentionally different in size, style, and effort. A club can choose one, combine ideas, adapt them, or use them as inspiration for something entirely their own.

There is no one right way to say Zonta Says NO

Orange it Forward

16 Days – 16 Voices

Little Orange Reminder

🟠 ORANGE IT FORWARD

A little orange. A little awareness. A lot of conversation.

The idea:
Use the color orange as a simple, visible reminder of Zonta's commitment to ending violence against women and girls.

Instead of creating one large display, take **orange into the community.**

HOW IT WORKS

Choose something simple that can be shared, displayed, worn, or given away:

- Orange ribbons
- Orange cards or tags
- Orange flowers
- Orange buttons or stickers
- Orange bows on doors, trees, railings, or community spaces
- Orange table decorations at an existing club or community event

Add a short message such as:

ORANGE IT FORWARD
We wear orange to say NO to violence against women and girls.
Learn more. Speak up. Be part of the change.

MAKE IT YOUR OWN

A club might:

- Give orange ribbons to members and ask them to "orange it forward" to someone else.
- Place orange cards in local businesses with permission.
- Ask a partner organization to display orange ribbons.
- Invite community members to wear orange on a designated day.
- Add an orange element to an event the club is already attending.

No new event required. No giant production required.

The goal is simply to make orange **visible enough to start a conversation.**

16 DAYS • 16 VOICES

Sixteen days. Sixteen perspectives. One shared message.

The idea:
Use the 16 Days campaign as an opportunity to let **16 different voices** help educate and inspire your community. This can be done entirely online, in print, at meetings, or through a combination.

HOW IT WORKS

Choose 16 people, members, community leaders, organizations, or voices connected to your community. Each shares **one short thought, fact, quote, message, or call to action** related to preventing violence against women and girls.
For example:
VOICE 1: Why does this issue matter to you?
VOICE 2: What does prevention look like?
VOICE 3: What does a safe community look like?
VOICE 4: What is one thing people can do? …and so on.

The "voices" don't have to be famous people. In fact, **local voices may be most meaningful.**

WHERE CAN IT HAPPEN?

- Facebook
- Club newsletter
- Local newspaper
- Community bulletin board
- Library display
- Club meeting
- School or college partnership
- Community organization
- A printed series of cards

KEEP IT SIMPLE

The "voice" can be as little as **one sentence.**
You don't need 16 elaborate interviews, 16 videos, or 16 separate events.
Sixteen voices can simply mean:

16 people.
16 short messages.
16 opportunities for someone to stop, think, learn, or act.

THE LITTLE ORANGE REMINDER

Sometimes awareness starts with something small.

The idea:
Create a small orange reminder that people can **take with them.** It might be a card, bookmark, tag, sticker, small ribbon, paper flower, or another inexpensive item. The object isn't the point. **The reminder is.**

WHAT COULD IT SAY? (Include reliable resource or QR code if possible)

Something as simple as: **ORANGE IS A REMINDER.**
Violence against women is not inevitable.
We can speak up.
We can learn.
We can help create safer communities.

Or: **ZONTA SAYS NO.**
Notice. Learn. Speak up.
One small action can matter.

WHERE COULD YOU SHARE THEM? (Ask permission before leaving materials in someone else's space)

- Local businesses
- Libraries
- Community centers
- Schools
- Churches or faith communities
- Club meetings
- Community events
- Partner organizations
- With members to share personally

MAKE IT YOUR OWN
The Little Orange Reminder could become:

- A bookmark at the library
- A card at a community event
- An orange ribbon with a message
- A small tabletop bowl of cards
- A tag attached to an orange flower
- A card tucked into a community resource display



CHOOSE YOUR WAY

The 16 Days of Activism do not require your club to create something enormous.

You might:

- **Build The Empty Chair.**
- **Orange It Forward.**
- **Share 16 Voices.**
- **Give someone a Little Orange Reminder.**

Or you might combine two ideas.

Or all four.

Or create something completely different.

The point is participation — not perfection.

Your club knows your community.

You know what will work there.

We've done the groundwork.

You make it yours.

DONE & BREATHING BEATS PERFECT & PANICKING.
AND THEY BOTH BEAT GIVING UP.

One message.
One conversation.
One community at a time.

I'm here to help

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